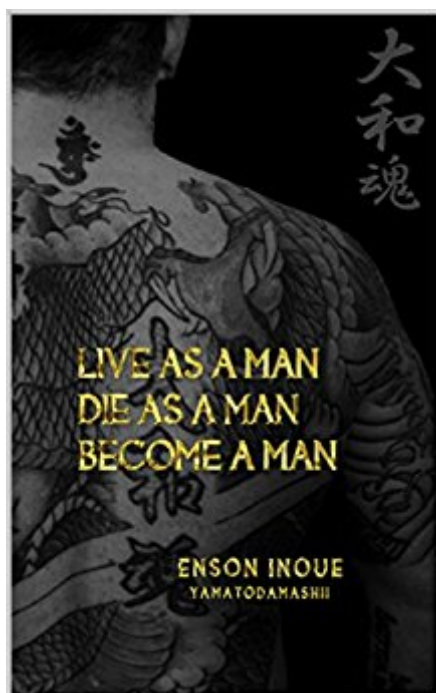


The book was found

Live As A Man. Die As A Man. Become A Man.



Synopsis

Live as a man. Die as a man. Become a man. Yamatodamashii is roughly translated as Samurai Spirit or old spirit of Japan and has become synonymous with Enson Inoue. He was given this nickname by the Japanese people because of the way he carries himself inside and outside of the ring. This philosophy permeates throughout Enson's experiences, helping him gain a different perspective on life with every new challenge that has come his way. He is the first World Shooto Heavyweight Champion, UFC fighter, Pride fighter, and pioneer of modern MMA. He gives an in-depth account of his philosophical insights and thrilling adventures both inside and outside the ring.

Book Information

File Size: 640 KB

Print Length: 330 pages

Simultaneous Device Usage: Unlimited

Publication Date: May 28, 2014

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B00L5K1IJ6

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #350,014 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #83

in Kindle Books > Biographies & Memoirs > Sports & Outdoors > Boxing, Wrestling & MMA > Martial Arts #441 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Exercise & Fitness > Martial Arts #1131 in Kindle Store > Kindle eBooks > Biographies & Memoirs > Sports & Outdoor

Customer Reviews

This book is a great read for anyone who followed early MMA or and current fans. Enson is a polarizing figure and a pioneer that brought us some of the most exciting and memorable fights of MMA's golden years. The book lets you peer through a window into the mind of one of early MMA's

most interesting fighters. Enson, having fought in all of the major promotions gives us the fighter's perspective of living/fighting around the world; and some of the behind the scenes details with the nefarious Yakuza bosses that promote shows in Japan. It is a must read for MMA fans.

Kindle Version Review. This is a very interesting book, especially for fans of the MMA of the era of Pride FC, Shooto, and Vale Tudo. The stories are entertaining and Inoue's philosophy is admirable. The reason I give the book 3 stars is that it has an absurd amount of grammatical, spelling, structural and continuity errors. Rarely can you finish a page of this book without noticing an obvious mistake. And trust me, I'm not some nit-picky grammar nerd out to throw a wet blanket on people's work. I don't know, maybe it is nit-picky to care about the use of "where" and "wear", "their" and "there", "holy s***" and "holly s***", closing quotes, paragraphs, and run-on sentences. I know that Inoue is a fighter/businessman and not a writer, and that he authored and self-published this book, but it seems as though Inoue wrote the book, ran spellcheck on the word document, then put the book out for sale. No editing for content continuity or errors has been done. I wouldn't go into an MMA fight without professional advice and training; nor would I publish a book without professional advice and editing. (Obviously it's not the same since you don't stand to be physically harmed by publishing an unedited book, but you get the point of the analogy. If you're new to something, get some assistance from someone with experience.) Pros:- Very entertaining stories from Inoue's life.- Very cool to be able to read Inoue's account of his fights, then be able to go and watch most of them on Youtube. (Be sure to watch the Heath Herring fight.)- Great insight into the Pre-UFC overlord MMA world. Cons:- Unbelievable amount of errors. The continuity errors are probably the worst. It's difficult at times to follow the timeline of the stories. If Inoue would pay an editor a couple dollars to give this book a run-through, it would be a 5 star book. Overall, I very much enjoyed this book and would recommend it to any MMA fan with a caveat regarding the errors.

If you are a fan of Japanese culture and/or martial arts, you will love this book. It is an easy read as the chapters are formatted for us short-attention span folks. I was fortunate to live in Japan during the period (1993-2000) when Pride Fighting Championships was in its peak, so I remember many of the events from the chapters first-hand. Many of the chapters could probably have been expanded into books. Enson shares his journey from Hawaii to Japan, getting over the culture shock (I am NOT Japanese?), from racquetball to MMA fighting, highs and lows in business and personal relationships along the way along. Throughout the book, you get to understand his philosophy- Yamato Damashii, and how he values

life, but more importantly as a Samurai, how he looks at Death.

If one is looking for a book that will help you mold your spirit, Enson Inoue's, "Live as a Man. Die as a Man." is a great start. The book is more of an autobiographical memoir of Enson's past, but even though there are stories, I believe anyone can relate to the lessons he is trying to present. The book though, has some grammatical errors, but it will not take away from the actual content of the book.

As a huge fan of the Joe Rogan Experience podcast I heard about this book from there. I bought it before the podcast was even over. Enson comes across as a man with honor and this book is full of interesting stories regarding his life and fighting career. I was entertained the whole read through. The reason I took off a star is because like most people I was distracted by the constant grammatical errors. I am given the impression that there was no proofreading here, and it took away from the story just a bit. But even errors aside they didn't take away much from this book. The genuine and honest way that Enson comes across is refreshing. You get the vibe he is telling it the way it was, and there is no exaggeration. From his scraps outside the ring, his relationships, and his heartbreaking message to his son, this book is a great 360 degree view into the life of a man obsessed with mixed martial arts. He lives and breathes it, even living out of his van while he trained for years. He is a loyal friend and talks frequently about how he would die for his friends and family, and you believe him. A great book if you are a fan of MMA or of people who live the samurai spirit in general. Yamatodamashii!

I liked it despite its array of painful spelling errors and predictable nature. Enson REALLY needed an editor. Unfortunately the book can be summarized as Enson gets a fight, Enson is a "man" in the ring, someone screws Enson over, Enson ANGRY, Enson threatens civilians, Enson gets a fight rinse repeat, over and over, for 80% of the book.

Awesome person (the author) and awesome book. If you are at all into Martial Arts or the MMA then this is an excellent must read. What this guy went through and came from to what he is and what he is doing today is just an amazing story and journey he continues even today. I say he has only just begun and will leave an impact on this world for sure! Mahalo for all you do Enson! You're quite the inspiration Man!

I saw an interview with him on Joe Rogan so I figured I'd give this guy's book a try. He's got a very interesting life story, run-ins with the Japanese Mafia and the Gracie Brothers, and all in all, a great story about a man finding himself through MMA. The editing could have been a bit more polished, small typos here in there (sorry, the college student in me can't help but notice), but that aside, this was a good read.

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